第一屆香港急症科護理研討會

香港急症科護理研討會

為了慶祝香港急症護理學會(HKENA)成立十週年和香港急症科護理學院(HKENC)成立的好日子，特別於六月七日舉辦第一屆香港急症科護理研討會，為了慶祝這一件事，我們邀請了香港醫院管理局護士總經理高玉娟女士為大會致開幕辭，更邀請多位資深的同業蒞臨為我們分享經驗和展望未來急症科的發展。

當日百餘位同業出席，出席的人次已達一百八十多人，當中有七十多個來自香港各急症科護士會的同業，而急症科護士佔一百零二人。由於場地座位所限，只能接受一百四十人參與。我們邀請了兩位新晉的護理顧問(Nursing Consultant)陳婉雯和蘇嘉玲護士為我們分享急症科護理專業發展和培訓。此外，我們亦邀請急症科護士同業們分享他們的實踐經驗，以現時的臨床技巧。他們分別來自香港西區醫院、聯合醫院和聯合醫院的同事。這些護理顧問所安排的時間為短足，但開幕前講員與出席者共商有關和分享，學習氛圍濃厚，這次研討會為急症科護理員下里程表，標誌著急症科護理已邁向新紀元，跨出傳統的規範。承蒙籌備委員會和各協助的同事默默耕耘，令這次研討會得到成功，傑以見人。現將講員及其講題及出席者的回顧詳述如下：
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<td>Mr. Cheung Kai Yeung APN, A&amp;E UCH</td>
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Good sharing in emergency nursing
Inadequate time allocation for speakers to share their topic
Looking forwards to another emergency nursing seminar in the future
More video sharing
Well done
It’s very fruitful seminar this morning, TKS!
The sharing session was very interactive and induced insight to self practice
非常好希望有机会给其他同事听
如能加上workshop更好
I’m delighted to announce that our College – The Hong Kong College of Emergency Nursing Limited (HKCEN) was incorporated on 16th March 2011. With the ground work from our committed seniors, support from advisors, emergency medical partners, friends, members, preparatory committee and the Council, we managed to be admitted as one of the Academy Colleges of the Provisional Hong Kong Academy of Nursing (PHKAN) and inaugurated together on 12 May 2012 with other 13 Academy Colleges.

The objectives of HKCEN are: (1) support PHKAN in establishing the Hong Kong Academy of Nursing as a statutory body to regulate the nursing profession; (2) enhance excellence in emergency service and quality of health care in Hong Kong through promotion of specialist nursing education and practices; (3) collaborate actively with other health related organizations in local context and overseas to promote standard and improve emergency nursing care; and (4) facilitate exchange of information and ideas in nursing and matters concerning the health of the public.

We are grateful for the assistance of the Hong Kong College of Emergency Medicine (HKCEM), my special thanks to Dr.
Ng for his input on drafting of the Memorandum and Articles. I would like to thank sincerely to Dr. Ho, Dr. Tung and all Council members of HKCEM for their generosity in accepting three members of our Professional Development Committee (PDC) to join their College Retreat namely “Training and Examination System of Our Specialty” as observer and gain insightful ideas for developing our education programs in the near future. I would like to express my sincere gratitude to Dr. Ma, Dr. Wan, Dr. Cheng,

Mr. Fat and clerical support from HKCEM for their well taking care of our fellows on the conferment ceremony with venue preparation, photo taking, personal items registered and arrangement on food & drinks. All their hard work made our conferment ceremony more memorable and enjoyable. My heartfelt thanks to you all emergency nurses for we could not achieve and further develop our profession without your support and participation. I sincerely solicit your support to stand with us hand in hand to work together for both our future and our patients.

In many ways this is only a beginning. Our College’s objectives can only be achieved if all of us work closely together irrespective of our roles and responsibilities. Surveys also show that professionals who are active in their Colleges/Associations tend to be more committed to their job, to career advancement and to excellence. There are a lot of works waiting for us ahead as a newly established College therefore I wholeheartedly seek your active participation and advise to our Council for overcoming the future challenges and to excel our functions.
What’s the relationship between first and tenth? It’s not a math question but I am so proud to tell you that first equals to the first Annual General Meeting (AGM) of the Hong Kong College of Emergency Nursing (HKCEN) while tenth is the 10th AGM of the Hong Kong Emergency Nurses Association (HKENA). The official inauguration of the HKCEN on the 12th May, 2012 marked the new millennium of Hong Kong Emergency Nursing. In order to celebrate this spectacular event, the two sisters of emergency nursing, joined hand in hand to have our conjoint AGM and annual dinner at the Eaton Hotel in Kowloon.

We have broken several records this year. First, we had the highest numbers of members enrolled for the conjoint AGM and annual dinner. We had numerous VIPs and guests representing different organizations to share the joy with us. Moreover, we had our prestigious speaker, Dr. Susie Lum, president of the Provisional Hong Kong Academy of Nursing (PHKAN) to share with us her wisdom – SSS (SSS is her initial). The first S was serenity, the quality of peace, calmness, harmony despite emergency situation, the unique characteristics of an emergency nurse. The second S was solidarity, the act of unity resulting from common interests or feelings. The solid foundation of emergency nurses development was built on solidarity, courage and contribution of our senior nurses. The third S was synergy, the power of synergism that unites all of our emergency nurses with professional nurses from other specialties make our dreams come true - the establishment of the HKCEN and the PHKAN.
During the dinner, we showed a video featuring snapshot of activities and achievements in emergency nursing in the past ten years. Laughter and cheers were heard all over the ballroom. The pictures brought back all our good memories of the sweet old days. I am sure this is especially true for our respectable seniors and retired members.

Members’ emotions were pushed to the peak during the game session. We were invited to give a gift to celebrate the birthday of HKCEN and the 10th anniversary of HKENA. Some members drew pictures, some handmade paper flowers with materials available in hand, some handmade paper rockets to signify that the future developments of both organizations would resemble the success of the rocket launch. The two winners were nurses from the Kowloon West Cluster, Princess Margaret Hospital (PMH) and Yan Chai Hospital (YCH). Colleagues from PMH rewrote the lyrics of a popular advertisement song to praise the professionalism and sacrifice of emergency nurses. This song would certainly refresh our sweet memories during our training and career development. Colleagues from YCH made a heart-shape figure out from members’ hands, which represented the hearts and passions of our emergency nurses. With all the special gifts from members, this is certainly the most unforgettable annual dinner to all of us. The annual dinner came to an end after giving out prizes to the winning teams. We definitely are looking forward to our next joint AGM and annual dinner in 2013.
The Society for Emergency Medicine in Singapore Annual Scientific Conference 2012 (SEMS ASC 2012) held on 24-26 February 2012, bring together over 300 emergency medicine and health care professionals from 12 countries to share current best practices and knowledge to enhance learning, teaching, supervision and clinical practice. The three-day Conference assembled distinguished physicians and nurses who also conducted educational pre-conference workshops and symposia, where they shared insights on recent advances in the field of emergency medicine.

It is my honour to have a chance to give an oral presentation on the topic of “The Evolution of Emergency Nursing Training in Hong Kong” on behalf of HKENA. With progression of advance and systemic training for emergency nurses, our aspiration is that HKCEN & HKENA will one day become part of the region’s leading fortifiers for emergency nurses to network and share our expertise which is eventually beneficial to all our patients.

Professor Amal Mattu; from the University of Maryland School of Medicine, USA and Professor Colin Robertson; from the University of Edinburgh, UK had delivered illuminating keynotes. I was impressed by the polling exercise, conducted during the Open Forum session to gather opinions on the “State of Emergency Medical Care in Singapore”. This inevitably added another dimension to the meeting.

In addition to the presentation, President of HKCEM Dr. Ho, President of HKSEMS Dr. Siu & I was delighted to have a networking dinner for Faculty at the Singapore Flyer with memorable sunset higher up in the sky. During the geniality dinner arranged by the Singapore Emergency Nurses Chapter, I seized to explore chances of future collaboration in promoting emergency nursing. Differences & similarities of emergency room services between us were discussed.

Thanks HKENA for supporting me for this invaluable experience.
2012年4月14日，
大埔，氣溫攝氏30度，相
對濕度82%。
臨時香港護理專科學院於4月14日在
沙田大會堂對出廣場舉辦<<世界衛生日健
康嘉年華>>。一如往昔，香港急症科護理學會及香
港急症科護士學會攜手參與是次活動。

而我們攜帶專業裝備到場，為大會提供急救服務；此外，還需要在台上
試範及教導市民替病人進行心肺復甦法CPR 及運用自動體外心臟去顫器
AED進行急救。

過程中，最令我難忘的是教導市民進行急救那部份，經過充滿汗水的教導及
與參加者實習後，考試成功的參加者取得參與證書，並說日後如果遇到同樣的情
況，會有信心處理或幫助急救者，將當天學到的學以致用，救急扶危。

想不到我這個「新手」在大家的協助下，也有資格教導別人，老實說，看到那些市民成功取得
參與證書，我比他們更有滿足感啊！原來我的工作不止是在急症室內救助病人，在急症
室外，也可透過教導市民，從而救助更多有需要的人，這便有意義，我那天的
汗水可真沒有白流，哈哈！

APAMT Conference (29 Nov-1 Dec)
Emergency Medicine Course for Nurse 2012
(26 Oct-28 Dec)
ICN Conference (24-26 Aug)

*For all details, please visit www.hkena.org